



### New Patient Intake Form

Welcome to THE POINT. We are committed to providing you the best medical care possible.  
Please help me provide you with a complete evaluation by taking the time to fill out this questionnaire carefully.

Name \_\_\_\_\_ Date \_\_\_\_\_  
 Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Occupation \_\_\_\_\_  
 Address \_\_\_\_\_ Home phone \_\_\_\_\_  
 City State Zip \_\_\_\_\_ Cell phone \_\_\_\_\_  
 Email \_\_\_\_\_ Work phone \_\_\_\_\_  
 How did you hear about us? \_\_\_\_\_  
 Friend  Ad  Website  Doctor  Other \_\_\_\_\_  
 Your preferred phone # Home Work Cell  
 May we leave a message? Y N

What are your primary reasons for coming in for treatment?

1 \_\_\_\_\_  
 2 \_\_\_\_\_  
 3 \_\_\_\_\_

When did you first notice this problem/How long have you experience it? \_\_\_\_\_

Your current Doctor(s): Name \_\_\_\_\_ Phone # \_\_\_\_\_  
 Address \_\_\_\_\_  
 Date of last physical exam \_\_\_\_\_ Date of last blood work \_\_\_\_\_ Diagnosis \_\_\_\_\_

Lab tests done in last two years (please attach any lab results you would like considered) \_\_\_\_\_  
 \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Policy ID# \_\_\_\_\_  
 Group # \_\_\_\_\_ Phone # \_\_\_\_\_ If you're insured through a parent or spouse,  
 please provide their name and birthdate: \_\_\_\_\_

Have you been diagnosed with any of the following:

- 
- |  |   |
|--|---|
| <input type="checkbox"/> Hypertension            | <input type="checkbox"/> Autoimmune Disease       |
| <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Cancer                   |
| <input type="checkbox"/> Osteopenia/Osteoporosis | <input type="checkbox"/> Epilepsy                 |
| <input type="checkbox"/> Depression              | <input type="checkbox"/> Bleeding Disorder        |
| <input type="checkbox"/> Anxiety                 | <input type="checkbox"/> Fibromyalgia             |
| <input type="checkbox"/> Emotional Disorder      | <input type="checkbox"/> High Cholesterol         |
| <input type="checkbox"/> GERD/Reflux             | <input type="checkbox"/> Heart Disease            |
| <input type="checkbox"/> AIDS/HIV                | <input type="checkbox"/> Stroke                   |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Thyroid Disorder         |
| <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Infertility              |
| <input type="checkbox"/> Migraine headaches      | <input type="checkbox"/> Chronic Fatigue Syndrome |

Please indicate if you have or are taking any of the following:

- Pacemaker
- Clotting Disorder
- Contagious Disease
- Sleeping Aids
- Blood Thinners (Warfarin, Coumadin, etc)
- Thyroid medication
- Cortisone or other Steroids
- Diet Pills (diuretics, appetite suppressants, etc.)
- Laxatives
- Antacids (Tums, etc.)
- Pain Relievers (Tylenol, Aspirin, etc.)
- Tranquilizers/Sedatives

Please list any hospitalizations and/or surgeries/injuries/accidents:

Hospitalization/Surgery/Accident/Injury	Date	Reason / Relation to health concerns

Please list all prescription and over-the-counter medications you are currently taking:

Name	Dosage	Reason for taking	Date began taking

Please list all vitamins, supplements, herbs, performance enhancing aids and/or weight loss products:

Name	Dosage	Reason for taking	Date began taking

Approximately how many courses of antibiotics have you taken in the past 10 years? \_\_\_\_\_

Allergies (drug, chemical, food, seasonal): \_\_\_\_\_

Family Health History (Parents and Siblings)

- Arthritis
- Drug Addiction
- Mental Illness
- Asthma
- Eating Disorder
- Migraine headaches
- Alcoholism
- Genetic Disorder
- Parkinson's
- Alzheimer's disease
- High Blood Pressure
- Obesity
- Cancer
- Heart Disease
- Osteoporosis
- Depression
- Infertility
- Stroke
- Diabetes
- Learning Disabilities
- Suicide

**Survey of Symptoms:** Please check current symptoms (\*\* the ones that occur frequently, and write “past” next to those conditions which you have only had in the past and are no longer present).

Head & Neck:

- Dizziness
- Floaters
- Blurry vision
- Neck Stiffness
- Enlarged lymph glands
- Headaches
- Migraines
- TMJ

Ears:

- Infection
- Ringing
- Decreased hearing

Nose, Throat, & Mouth:

- Nose bleeds
- Nasal congestion
- Sinus infection
- Hay fever/ allergies
- Sore throat
- Hoarseness
- Mouth sores
- Dry mouth

Skin:

- Hives / Rashes
- Eczema
- Psoriasis
- Acne
- Night sweating
- Excess sweating
- Dry skin
- Bruise easily

Respiratory:

- Chronic cough
- Coughing up blood
- Coughing up phlegm
- Difficulty breathing
- Asthma/Wheezing
- Catch cold easily
- Emphysema
- Pneumonia

Gastrointestinal:

- Indigestion
- Nausea
- Vomit
- Bloating
- Gas
- Heartburn
- Distention of abdomen
- Stomach pain
- Irritable Bowel
- Colitis
- Crohn’s Disease
- Celiac Disease
- Ulcer
- Bad Breath
- Diarrhea
- Constipation
- Dry, hard stools
- Soft, sticky stools
- Blood in stools/black stools
- Hemorrhoids
- Poor appetite
- Excessive hunger
- Excessive thirst
- Gall Bladder problems/stones
- Recent weight change
- Food cravings
- Hypoglycemia

Urinary:

- Frequent day urination
- Frequent night urination
- UTI/bladder infection
- Weak urine stream/dribbling
- Kidney disease
- Recent change in bladder habits

Muscle & Joints:

- Arthritis
- Joint stiffness
- Sore muscles
- Weak muscles
- Back pain
- Sciatica
- Fibromyalgia

Cardiovascular:

- Palpitations
- Chest pain or tightness
- Rapid heart beat
- Irregular heart beat
- Heart disease
- Poor circulation
- Cold hands/feet
- Swelling ankles
- High blood pressure
- Stroke
- Anemia

Infection:

- HIV/AIDS
- TB
- Hepatitis
- STD
- Herpes

Neurological:

- Numbness or tingling
- Seizures / Convulsions
- Tremors
- Paralysis

General:

- Fatigue
- Thirst
- Chills/aversion to cold
- Insomnia
- Depression
- Agitation/Anxiety
- Irritability
- Poor memory
- Difficulty concentrating
- Jaundice
- Gout
- Hernia
- Diabetes Mellitus
- Thyroid disorder
- Cancer
- Alcoholism
- Lowered libido
- Other \_\_\_\_\_

Is there anything else you would like us to know? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Thank you for taking the time to answer these questions, we appreciate your time and effort.**  
*I certify that the information I have provided above is correct and accurate to the best of my knowledge.*

\_\_\_\_\_  
*Patient's (or Patient Representative's) Signature*      *Patient's Name*      *Date*

\_\_\_\_\_  
*Patient Representative's Name*      *Representative's relationship to patient*